



VIBE Outside Conference Schedule

Time	Trip Planning (Goodman B)	Safety (Cascade)	Technical Skills (Goodman C)
10:00 – 10:30 AM	Welcome / Keynote Tom Vogl: CEO of The Mountaineers		
10:45 – 11:30 AM	Matt Swenson – Backpacking & Trip Planning	Birgit Grimlund – First Aid	MAC Climbing – Rock Climbing Skills
11:30 – 11:45 AM	Break	Break	Break
11:45 AM – 12:30 PM	Shane Robinson – Backcountry Skiing	Anastasia Allison – Outdoor Safety: Bathroom	Heidi Strickler – Nutrition
12:30 – 1:15 PM	Lunch Provided Chipotle	Lunch Provided Chipotle	Lunch Provided Chipotle
1:15 – 2:00 PM	Wayne Wallace – Alpinism	Guy Mansfield – Decision Making in the backcountry	Daniel Turietta – Photography
2:00 – 2:30 PM	Closing	Closing	Closing

Attendees can choose from any of the workshops offered in our three tracks. We encourage attendees to choose one session from each track.